



We welcome you to

REST, REFLECT, and

do REAL FARM WORK!

REST “Be still and know that I am God.” Psalm 46:10

As you enter the driveway at Lumen Christi Farm, leave your worries behind! Feel the peace of the pine trees guiding you to a place of rest, renewal, and recreation. It is important to take time out of our busy lives to be quiet and to feel the peace our bodies long for. It is good to engage in fun activities and to laugh with your loved ones amidst a Catholic community who shares in your beliefs! We all spend too much time looking at our screens, running around to different activities that consume our lives, and not taking the time to restore our mind and body. Lumen Christi Farm is a respite from the chaotic and confusing world. Leaving the urban hustle and bustle to visit Lumen Christi Farm can help you reconnect with the restorative power of nature. Wonder and awe lift the spirit and can enhance the well-being of even those facing challenging physical, mental, relational, or spiritual situations.

Examples of restful and recreational activities you might engage in here at Lumen Christi Farm

- Sit beside the peaceful pasture and watch the sheep!
- Sleep in a yurt tent under the stars!
- Catch and release fish in one of the ponds on the property!
- Look for tadpoles or frogs!
- Learn and engage in crafts and art projects!
- Sing around a campfire and make s'mores!
- Kick up your heels at a barn dance!
- Help wash and process sheep wool to be used in fiber art!
- Sleep in a sheep wagon and wake up to the birds singing!
- Pick fresh flowers to decorate the chapels on the farm!
- Bounce on a hay wagon ride!
- Ice skate on a frozen pond in the winter!
- Gaze up at the stars or the Northern Lights!



- Kayak or paddle boat on the pond!
- Snowshoe across a pasture!
- Listen to music or join a sing-a-long!
- Sled down a rolling hill!
- Disconnect with hectic life and reconnect with nature!
- Rest in a hammock under tall, majestic pine trees!
- Play games or go on a scavenger hunt!



REFLECT “Come to me all who labor and are heavy burdened, and I will give you rest.”

Matthew 11:28

In order to find rest for our souls, Jesus said to come to Him. Come retreat from your every-day lives to reflect, pray, and encounter the wonder of God in new and creative ways at Lumen Christi Farm. Society today is captured in a virtual reality of computers, TV, and phones, and rarely finds time to connect with God. Our lives have become accustomed to sound bites for information. All-consuming digital devices and destructive social media information can destroy natural curiosity for living a faith filled life. Deeper discussions about life and death issues happen spontaneously out in nature on a farm. To be grounded in what is real, true, and good, we need to actually get our hands in the ground and witness and participate in the creative cycles of nature on the farm. Theological insights abound in the midst of intimacy with God’s creation and brings us to a greater awareness of God’s plan for the earth and humanity. Your eyes will be opened to small and big miracles while you use all your senses to create new insights into your personal situation or that of loves ones. Come pray and reflect with us, it is so good for your soul!

Examples of reflective and prayerful activities you might engage in here at Lumen Christi Farm

- Participate in days of reflection!
- Listen to guest speakers with inspirational messages!
- Participate in pot luck prayer nights!
- Snuggle a donkey while praying in the Saint Isidore and Maria Chapel!
- Listen to God’s Word proclaimed in pastures and gardens!
- Pray in Job’s chapel in the woods!
- Take a hike through the woods or join a rosary walk
- Make a mini- Camino pilgrimage while you prayerfully walk from one chapel to another!
- Join Praise and Worship Music with a view of the rolling pastures filled with sheep!



- Help ring the big bell to call people to pray the Angelus!
- Visit the Shrine of Our Lady of Champion before or after your visit to the farm!
- Bring your prayer intentions and hang them on the cross in the chapel!
- Experience a Live Nativity in a real stable!
- Learn about the saints as you discover the buildings, trails, and animals that are named after these inspiring men and women!

REAL FARM WORK “Even the birds and animals have much they could teach you; ask the creatures of earth and sea for their wisdom. All of them know that the Lord’s hand made them. It is God who directs the lives of his creatures; everyone’s life is in his power.” Job 12: 7-10

Get to know God on a real active working sheep and goat farm! Farming makes one attuned to the heartbeat of the earth, and thus to the One who created it. Farming is a constant backdrop in the Bible both in the New and Old Testaments. The language of Jesus is full of illustrations from agriculture: tending flocks, planting, harvesting, building granaries, and paying workers. Jesus used many examples of shepherds and sowing seeds to bring people closer to God. Not too long ago in our modern American history, nearly everyone grew something to eat. They raised their own animals for food and had their own gardens. Their day-to-day lives were filled with growing, harvesting, preserving, and preparing their own food. Thanks to technological advances, commercial farming and grocery stores that simply isn’t how things are today. As nice as it is to not have to grow our own food, we miss the important connections that the soil, water, air, plants, and herd animals give us to our faith. Agritourism has become a popular thing these days as people search for a connection to the earth and animals at a farm. Engage in meaningful, real farm work at Lumen Christi Farm and be immersed in the experiences that Jesus talked about.

Examples of working farm activities you might engage in here at Lumen Christi Farm

- Be a farmer for a day and help with the chores!
- Help move the herd of sheep to their new pasture!
- Bottle feed a newborn lamb or goat!
- Snuggle a purring kitten in St. Gertrude’s Kitten Cabin!
- Collect a variety of colored eggs from St. Brigid’s Chicken Coop!
- Laugh and bray with the donkeys!
- Pick a pumpkin, apple, or sunflower
- Plant seeds and harvest fruits and vegetables!
- Watch baby lambs or goats being born!
- Hold a fluffy baby chick!



- Help process and package eggs and produce to be donated to the food pantry!
- Feed the chickens!
- Brush the animals!
- Help prune fruit trees and bushes!
- Take a donkey or a sheep for a walk through the fields!
- Help clean animal pens (Yes, you too can scoop manure!)

